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EMBODY YOUR TRUE DIVINE ESSENCE

Source Within Is Your Supply

By Maya Bringas

Each of us and everything we perceive in the Universe is connected and One with Source (Creator/All That Is). There is no separation. Source is all-knowing, all-loving, and all-powerful, without any lack nor limitation. And so are you, as that is your true divine essence.

Your natural state of being is perfect, whole, and complete. It is when you forget or resist the Truth of who you really are (your Oneness with Source), that barriers are created to the natural flow of your infinite supply of well-being, health, inner harmony, abundance etc. For example, if you often get frustrated because you believe that you don't have the resources to do the things that bring you joy or that you can't have the career of your dreams because you are afraid that you will fail, you create resistance to allowing your desires to naturally flow through you. Source provides an ever-flowing supply of all we require.

Imagine for a moment Source flowing through an unobstructed river. There is a continuous, natural flow. Similarly, when you allow Source to move through you freely, you allow the natural flow of well-being, health, inner harmony, abundance etc. However, when you forget your Oneness with Source and become fearful or lack trust for example, then you resist the natural flow of Source through you. Like the example of the flowing river, if several large boulders were placed in the middle of the river, this would prevent its unobstructed natural flow. It is a matter of releasing the resistance so that you allow the natural flow of Source to move through you.

Removing your personal boulders/resistance may mean letting go of beliefs and habits that are not in alignment with your true divine essence, which is a magnificent, vibrational being of love and light. You are always in this universal flow. However, your beliefs depending on what they are, can either allow this natural flow or they can resist/disturb it. Therefore, it is important to release any such beliefs so that you allow Source to flow through you without resistance. Release not by analyzing or trying to fix things about yourself, as this leads to the false belief that there is something wrong with you. Instead observe as they arise, without attachment, any beliefs that you may have that are not in alignment to your true essence and be willing to let them go. Go within and connect with the wisdom of your Higher Holy Self to assist you with this process. You are never alone and are always supported.

Many people are often afraid of change in their life. If you are resisting letting go of the things that are not for your highest good, you may notice that the same issue in your life keeps repeating or you may feel stuck. All the resources you require are within. Trust that you will always be guided and supported by your Higher Holy Self. You are amazing! Know this, feel this, and embody this!

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